

Frequently Asked Questions

Do you offer Invisalign at your practice?

Yes, our dentist, Dr. Elaine Haworth is qualified to provide Invisalign, and has treated many patients with excellent results.

Our Invisalign Co-ordinator, Jeni, is trained to help Dr. Haworth with initial diagnostic record taking and discussing the benefits and procedures involved with Invisalign treatments.

We'd like to invite you for a free initial consultation with Jeni to find out more about the benefits of improving your smile with Invisalign.

What is Invisalign?

Invisalign is a clinically effective, nearly invisible way to straighten your teeth without metal braces.

By wearing a series of custom-made clear removable aligners, your teeth are gradually moved into the desired position.

The clear aligners are designed to be removed when eating or cleaning your teeth.

There are 3 levels of Invisalign care: Invisalign Express, Invisalign Lite and Invisalign Comprehensive. The right one for you is determined by the amount of tooth movement required.

What does it Cost?

We offer Invisalign treatments from £1750 up to £3750 depending on the severity of the case, which includes:

An initial Consultation and Smile Evaluation

All diagnostic records, photographs, scans and radiographs

A 3D digital prescription and treatment plan

Aligners for the entire treatment

Aligners checks weekly with our Virtual Monitoring Scanner - No need to visit the practice every few weeks

Home tooth whitening

Hygiene treatment before and after Invisalign treatment

Optional extras include: Vivera retainers (set of 3), or Enlighten Teeth Whitening at a discounted rate.

How Does it work?

Based on initial diagnostic records, a 3D simulation of your tooth movement is used to produce your orthodontic prescription. This is called the Clincheck.

Once the clincheck is approved, the aligners are custom made, and shipped to the practice.

These aligners are worn for one - two weeks each before moving to the next set. This allows your teeth to be moved according to the orthodontic prescription to give the best final result.

Why should I select Invisalign?

Invisalign aligners are almost invisible so they can straighten your teeth without anyone noticing.

They are comfortable and removable, and most treatments only take an average 12 months.

Will it work for me?

Adults with fully erupted teeth or teenagers with a mostly fully erupted dentition can benefit from Invisalign treatment – even those with crowns and bridges.

Most common misalignment issues can be successfully resolved with Invisalign.

How do I get started?

After your initial consultation and having listened to your goals for a new smile, diagnostic records, impressions and photographs will need to be taken to allow us to plan your orthodontic treatment and reach your goal.

The clincheck will even show you your new smile before you start to make sure you are fully aware of how Invisalign can change your smile, and how long it will take.

How long does Invisalign take?

Each case varies depending on the severity and complexity of the case. An average case takes between 9 - 18 months of active treatment once started.

Each aligner is worn 20-22 hours per day and changed every 1-2 weeks.

Retention, however, is for life and you should plan on wearing the final retainers most nights long term to stop all the good work being undone.

Can I eat and drink with my aligners?

No. The aligners are removable so you can still enjoy your favourite food and drink without damaging your teeth and aligners.

Do the aligners hurt?

It is normal to feel some pressure when changing to each new set of aligners. The teeth are moved in strict order by this pressure. This will reduce after the first few days of wear as the teeth adapt to the new position.

It is also normal to feel the edges of the aligners but sometimes this can irritate the soft tissues of your mouth e.g. under the tongue or inside your lip. We can smooth these areas as required.

Will my speech be affected?

Some people experience a temporary lisp when first wearing the aligners, but it is not long-lasting or permanent.

How long has this technology been available?

Align Technology Inc. was founded in 1997. Since then, over 6 million patients have been or are in treatment with Invisalign.

For further information please visit www.invisalign.co.uk